

Walk-In or ER?



When to use our Walk-In Clinic:

Walk-In Clinic care is for urgent medical conditions where prompt attention is needed, but there is not an immediate, serious threat to health or life. You should seek Walk-In Clinic care for:

- ✓ Colds
- ✓ Flu symptoms
- ✓ Sore throat
- ✓ Cough or upper respiratory symptoms
- ✓ Ear or sinus pain
- ✓ Minor burns and bruises
- ✓ Scrapes and lacerations
- ✓ Sprains
- ✓ Possible fractures
- ✓ Asthma
- ✓ Pediatric illnesses
- ✓ Abdominal pain
- ✓ Rash or hives
- ✓ Stings and bites
- ✓ Allergies
- ✓ Fevers
- ✓ Headaches
- ✓ Foreign object in eye or nose
- ✓ Urinary symptoms
- ✓ Work related injuries

When to use Emergency Care:

Emergency care is for sudden or unexpected medical conditions that could cause significant harm or death without prompt attention. You should call 9-1-1 and seek emergency care for:

- ✗ Chest pain (suspected heart attack or stroke)
- ✗ Amputation of limbs or deep wounds with severe bleeding
- ✗ Sudden confusion, weakness, dizziness, numbness, severe headache or difficulty speaking or breathing
- ✗ Severe head injuries with loss of consciousness or new seizures
- ✗ Major burns involving the face or large areas of the body
- ✗ Vomiting blood
- ✗ Smoke or chemical inhalation
- ✗ Poisoning, overdoses and suicidal behavior
- ✗ Physical or sexual assault
- ✗ Pregnancy complications over 20 weeks including labor, bleeding, fluid leakage, decreased fetal movement

The Everett Clinic
For the whole you.